

## WATER

We tend to believe that water is an abundant natural resource. However, municipalities must install very complex water filtration systems to assure the delivery of clean water to our homes and places of worship. When we let water run until it reaches the desired temperature, we do not realize that we are over consuming and wasting this precious resource.



### Outdoors

😊	😐	😞	Action	Cost	Benefits
			1. <b>Water</b> gardens and lawns between 6:00 a.m. and 10:00 a.m. or between 3:00 p.m. and 6:00 p.m. to reduce evaporation.	FREE	Saves water
			2. <b>Avoid</b> hosing down the sidewalk and driveway or parking area.	FREE	Saves water
			3. <b>Raise</b> your lawn mower blade to leave grass longer.	FREE	Reduces weeds
			4. <b>Spread</b> mulch on flower beds and gardens to reduce evaporation.	\$2/bag	Saves water
			5. <b>Replace</b> annual plants with perennial shrubs which are more drought resistant.	VARIABLE	Saves water
			6. <b>Seed</b> the dryer patches of your lawn with drought resistant lawn seeds, or you could even choose thyme or clover.	\$5-\$10 bag of seeds	Beautifies your lawn, easy care

### Indoors

😊	😐	😞	Action	Cost	Benefits
			1. <b>Put up</b> a small poster over the sink to remind people to turn the water off while soaping their hands.	FREE	Saves water
			2. <b>Install</b> low-flow faucets.	50 – 80 \$	Saves water
			3. <b>Install</b> low-flow toilets.	500 – 700 \$	Saves water
			4. In the men's restroom, <b>install</b> urinals operated by motion detection (avoid cyclic rinsing systems)	400 – 500 \$	Saves water
			5. <b>Install</b> motion-detection faucets.	500 – 800 \$	Saves water

*\* Note: It will be possible to quantify water savings once water meters are installed and working \**

## ECO-FRIENDLY CLEANING

- 1. Buy more eco-friendly cleaning products.** Certain products cause less damage to the environment than others. The Ecologo is reliable, but very costly to the company. You may use cleaning products that are in accordance with the OECD tests.
- 2. Create your own cleaning products from non-toxic ingredients.** There are several “recipes” and tricks to help you clean your home in a more eco-friendly manner than that obtained with commercial products. These are also much less expensive.



All-purpose cleaner	
Scrub, rinse and dry. May be used on all surfaces and removes most stains.  For a more powerful cleaner, simply double the quantity of soap and lemon juice.	1/4 cup (60 ml) of pure soap 2 litres of water, 3 tablespoon of lemon juice.
Dishwashing liquid	
Grate the soap in a pan and cover with water. Heat and simmer until the soap is dissolved than add a bit of vinegar. You may also add 1 teaspoon of baking soda.  You are now ready to use this mixture to wash your dishes.	Pure soap Water Vinegar
Disinfectant	
Mix together in a container.  Always shake well before using to make sure oil and water have been thoroughly mixed together.	50 ml of essential oils (lemon or eucalyptus) 1 litre of water
Glass and mirror cleaner	
Dip a paper ball gently in the mixture and rub it on the mirror or glass.	1 part of vinegar for 4 parts of water

Source : Leaflet “Préserver la qualité de l’eau” of the Eau Secours Coalition